



EQUEST CLIENT REGISTRATION FOR SUMMER SEMESTER 2021
PLEASE PRINT LEGIBLY



Join us for summer fun! We are offering a variety of opportunities to clients with physical, cognitive, and/or emotional disabilities. We are also offering weekly riding lessons to our session volunteers. Below is a description of the various opportunities we will offer beginning in June. All riders who are new to the program **MUST** complete our client application and schedule a new client assessment prior to registering for a summer class. If you have any questions or wish to schedule a new client assessment, please contact Amanda Fastle, Registrar, at afastle@equest.org or 972-412-1099 ext 209. Client applications can be emailed, mailed, or faxed.

There will be NO CLASSES the week of the 4th of July (June 28th - July 3rd)

Physical Therapy/Occupational Therapy

5 Week Semester: **June 8th - July 14th**; \$180 per hour

Clients will spend an hour a week with their Therapist and horse working towards goals established by their treatment team. Treatment days and times are outlined on the attached registration form.

Carriage Driving

5 Week Semester: **June 8th - July 13th**; \$325 for Carriage Driving lessons

Clients interested in carriage driving can participate in equine-assisted therapy while “mounted” in a carriage for clients who cannot or do not wish to be mounted on a horse. Clients will spend 1 hour per week for 5 weeks learning to drive a carriage.

Therapeutic Sports Riding

5 Week Semester: **June 7th - July 17th**; \$250 Group lessons; \$300 Semi-Private lessons; \$325 Private lessons

Clients can choose group, semi-private, or private classes that will meet once a week for 5 weeks. Group and semi-private classes will be comprised of riders at the same riding level with additional consideration for clients’ ages and disabilities when possible. If you do not know your riding level, please see the 2nd page of this packet for riding level descriptions. The maximum group class size is 5 riders.

Equine Assisted Learning (EAL)

5 Week Semester: **June 10th - July 15th**; \$250 for EAL sessions

Participants gain firsthand experience through sensory immersion into the world of the horse. The focus of Equine Assisted Learning is on general equine knowledge, horse behavior, communication skills, and social skills as learned from the herd. All Equine Assisted Learning activities are unmounted.

Hooves for Heroes EAL Class

5 Week Semester: **June 7th - July 12th**; Free of Charge for 5 lessons

Participants join with fellow Veterans and military spouses to learn unmounted equestrian skill development and progression while building meaningful relationships with their horses and each other. Most volunteers assisting with this program are also Veterans or Armed Forces family members.

Summer Competition Camp

5 Day Camp: **July 20th - July 24th from 9am-12pm**; \$350 for the week

This week is designed for Level 2, Level 3, and Level 4 riders who wish to practice their show skills in group classes and prepare their horses to compete in a small horse show at the end of the week on Saturday, July 24th. Tuesday through Friday of this week, riders will participate in classes and show preparation activities from 9am to 12pm. **ALL** riders that sign up for Competition Camp **must** be capable of self-care or be accompanied by an attendant who will assist with personal needs each day.

Summer Volunteer Riding Lessons

6 Week Semester: **June 8th - July 22nd**; \$300 for lessons at the Greener, Rusty, and Tally Levels

We will offer weekly English-style riding lessons for our current volunteers. Volunteer riders must arrive 30 minutes prior to the lesson time to groom and tack their horse. Three skill levels are offered and are described on the 2nd sheet of this packet. Please see the registration form for class days and times. *If you are interested in Tally Ho lessons, please contact Amanda Fastle.*

Equest Summer 2021 Client Registration Form

Spaces are filled on a first-come, first-served basis upon receipt of the registration forms and are subject to rider compatibility and horse availability. If we are unable to place you in a class, we will put you on a wait-list and advise you when an appropriate class is available. Please submit pages 2-3 of the Registration Forms once completed.

Registration Deadline for Current Equest Clients: Friday, April 30th

Registration Deadline for New Equest Clients: Friday, May 7th

Payment, in full, is due prior to **Friday, June 4th**. If you need to make alternative payment arrangements, please contact Amanda Fastle to discuss. For current clients, invoices will reflect your credit from the spring semester.

Client Information

Name of Client/Volunteer Rider: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

Diagnosis: Primary _____ Secondary _____

Parent/Guardian Name: _____

Address: _____ City: _____ Zip: _____

County: _____ Email: _____

Primary Phone: _____ Secondary Phone: _____

Additional Information for Clients

Therapeutic Riding Skill Levels

Level 1: For riders who are NEW to Equest or who require direct assistance at the WALK and/or TROT.

Level 2: For riders who are emerging walk and/or trot independent. Riders at this level can ride for SHORT distances without any one holding the lead rope at the TROT.

Level 3: For riders who have become TOTALLY independent at the walk and trot. Riders at this level will need only a leader for mounting, warm-up exercises, and dismounting.

Level 4: For riders who are confirmed independent at the walk and trot, and are ready to begin cantering OR are already cantering.

Level 5: For riders who are confirmed independent walk, trot, and canter and are learning how to jump.

Volunteer Lesson Skill Levels

Greener than Grass: This skill level is for individuals who are new to the pleasure of horseback riding OR who have never had formal lessons.

Rusty but Ready: This skill level is for individuals who are comfortable and proficient at controlling a horse at the walk, trot, and canter or the walk, jog, and lope.

Tally Ho Ho: This skill level is for individuals who are proficient at the walk, trot, and canter, and who can ride in a 2-point position and on correct diagonals and leads.

PLEASE NOTE

For the safety of our riders, horses, and volunteers, we adhere to our veterinarian's recommendations for height to weight ratios listed. If you are outside the ratios, accommodations can be made at the discretion of the Program Director. These height/weight limits will be enforced for **ALL** clients.

Maximum Weight:	Under 5'0" tall	150lbs
	5'0" - 5'6" tall	175lbs
	5'7" - 6'0" tall	200lbs
	6'1" - 6'5" tall	250lbs

Equest Summer 2021 Registration Form

Please return pages **2 and 3** of this registration packet **as early as possible**. Indicate your preferred choice of class by writing 1st, 2nd, and 3rd in the space on the left of each column. While every effort will be made to accommodate your 1st choice, this may not always be possible.

There will be NO CLASSES the week of the 4th of July (June 28th - July 3rd)

Physical Therapy/Occupational Therapy: June 8th - July 14th; \$180/session for 5 weeks

Please indicate your 1st, 2nd, and 3rd choice of day and time.

Tuesday: ___ 9am ___ 10am ___ 11am ___ 12pm

Wednesday: ___ 9am ___ 10am ___ 11am ___ 12pm

Carriage Driving: June 8th - July 13th; \$325 for 5 lessons

If you have not participated in carriage driving prior to now, please contact Amanda Fastle to discuss.

Tuesday: ___ 9am

Therapeutic Sports Riding and EAL: June 7th - July 17th; \$250 for 5 Group lessons; \$300 for 5 Semi-Private lessons; \$325 for 5 Private Lessons; \$250 for 5 lessons of EAL

Please indicate your 1st, 2nd, and 3rd choice of day and time based on your riding skills level.

Monday: ___ 11am Semi-Private

Tuesday: ___ 6pm Semi-Private ___ 7pm Group (*lvl 2*)

Wednesday: ___ 8am Private/Semi ___ 6pm Semi-Private ___ 7pm Group (*lvl 1/2*)

Thursday: ___ 9am Private/Semi ___ 10am Private/Semi ___ 11am EAL
 ___ 12pm EAL ___ 12pm Private/Semi ___ 6pm Semi-Private
 ___ 7pm Group (*lvl 1*)

Friday: ___ 9am Private/Semi ___ 10am Private/Semi ___ 11am Private/Semi
 ___ 12pm Private/Semi

Saturday: ___ 8am Group (*lvl 3/4/5*) ___ 9am Group (*lvl 1*) ___ 10am Group (*lvl 1/2*)
 ___ 11am Group (*lvl 1*) ___ 12pm Group (*lvl 2*)

Hooves for Heroes Class: June 7th - July 12th; free of charge for Military Veterans

I am a military Veteran or Spouse interested in participating in the Hooves for Heroes EAL class.

Monday: ___ 7:30pm-8:30pm (EAL)

Competition Camp: July 20th - July 24th; \$350 for 5 days of camp

Eligible riders must be capable of self-care or be accompanied by an attendant who will assist with personal needs each day.

If you are interested in competition with Equest, this is the camp for you! The week will consist of 5 days of activities, including a horse show on Saturday, July 24th. Participants will meet from 9am-12pm each day. See page 1 for more details.

___ Sign me up for Competition Camp

Summer Volunteer Riding Lessons: June 8th - July 22nd; \$300 for 6 lessons

If you are new to our volunteer riding lessons, please complete a Volunteer Riding Application

I will be a summer volunteer and would like to ride from 7:30pm-9pm

___ Tuesday Greener Class

___ Wednesday Rusty Class

___ Thursday Rusty Class

Please Submit Forms to:

Equest

registrar@equest.org

P.O. Box 171779 Dallas, TX 75217

Fax: 972-947-3940

