



Do you want  
to help  
change lives  
at Equest?



**Choose One: Saturday, January 20, 2024 or January 27, 2024**

**8:30 AM – 12:30 PM**

*Space is limited for your safety. Reserve your spot today (#2 below).*



## VOLUNTEER PROCESS

*Program Volunteer opportunities are available for those 14 and older. \**

1. **Complete** a **NEW VOLUNTEER APPLICATION** online at <http://www.equest.org/volunteer>. Everyone under age 18 **MUST** have their application signed by a parent or guardian.
2. **Register** for volunteer training [Click here to fill out the form](#). Make-ups may be available for those who make a commitment to 2 hours per week for the entire session. There is no fee for training. Donations are welcome!
3. **Watch** the training video: <https://www.youtube.com/watch?v=Fj-iDe2ZwdE>
4. **Review** and **study** the volunteer handbook, preferably before you attend training: <https://www.equest.org/volunteer-handbook>
5. **At Training:** Wear sturdy footwear and clothes that can get dirty. Be sure to dress for the weather; we have training rain or shine. Please bring your own water bottle & snack.

*\* If you are age 12 or 13, you can work in the barn, but you must have a parent or guardian come work with you initially. It is not required, but it is encouraged that you attend training. Both you and your parent or guardian must complete applications and call to schedule a brief orientation and volunteer times. If you are 13 and very horse-experienced, you may be able to volunteer on your own as a Program Volunteer with a written letter of recommendation from your trainer or barn manager.*

**NOTE: PLEASE PARK ONLY IN EQUEST PARKING AREAS - NOT THE FIRST LOT CLOSER TO RIVER RANCH**

Training is held at Equest, at:

Texas Horse Park  
811 E. Pemberton Hill Road, BLDG 4  
Dallas, TX 75217  
(972) 412-1099, ext. 211

Questions?

Contact Ellie Grant  
Director of Volunteer Services  
[egrant@equest.org](mailto:egrant@equest.org)  
(214)538-5393

VISIT us at [Equest.org](http://Equest.org)  
LIKE us on Facebook at [Equest1981](https://www.facebook.com/Equest1981)  
FOLLOW us on Twitter [@Equest\\_TX](https://twitter.com/Equest_TX)  
FOLLOW us on Instagram [@Equest](https://www.instagram.com/Equest)

Potential Service-Learning Credit available.

Can't make one of these dates?  
Make-Up training can be arranged.  
Email Ellie Grant at [egrant@grant.org](mailto:egrant@grant.org)

# CLASSES TO GET INVOLVED IN



## PT/OT

Equest provides physical and occupational therapy (PT/OT) to children and adults with movement dysfunction. Special needs that benefit include cerebral palsy, stroke, traumatic brain injury, multiple sclerosis, etc.



## THERAPEUTIC RIDING

Our therapeutic riding instructors teach riding skills to clients with special physical, cognitive and/or emotional needs. Once they are mounted, many of our riders experience a freedom of motion and ability they don't enjoy in other aspects of their lives.



## THERAPEUTIC CARRIAGE DRIVING

Driving enables those with physical, cognitive, sensory, or emotional conditions the rewards of interaction and control of a horse while driving from a carriage seat or in their own wheelchair. This therapy is a great alternative for those who cannot safely be mounted on a horse.



## EQUINE FACILITATED LEARNING

Participants gain firsthand experience through sensory immersion into the world of the horse. Focus is on general equine knowledge, horse behavior, communication, and social skills as learned from the herd.



## HOOVES FOR HEROES

Equest's Hooves for Heroes empowers veterans and military families to take charge of their civilian transitions and assume new roles as civic leaders. Thanks to generous grant funding, charitable donations, and underwriting, our veterans program services are offered at no cost to active-duty service personnel, members of the Guard or Reserve, honorably discharged veterans of the U.S. Armed Forces, and their immediate family members.

Equest also works with the Dallas Police Department to host their Police Activity League (PAL)