



Hooves for Heroes

Equest @ Texas Horse Park

811 Pemberton Hill Road, Building #4

Dallas, TX 75217

Equest's HOOVES FOR HEROES serves veterans, first responders and their dependents through equine assisted programs including mental health counseling, physical/occupational therapy, therapeutic horsemanship/carriage driving and more.

Thanks to generous grant funding, charitable donations and underwriting, our Equest Veterans Program services are offered at no cost to active duty service personnel, members of the Guard or Reserve, Dallas First Responders or any veteran of the U.S. Armed Forces.

Open H4H Horsemanship

Monday Evening

7:30-8:30 pm

September 12-November 28
2022

RSVP to veterans@equest.org

Groups

Wednesday Afternoon

12:00-1:00 pm

September 14-November 31
2022

RSVP to veterans@equest.org

Benefits of working with horses

- Improved self-awareness
- More effective communication skills
- Healthier relationships
- Enhanced emotional regulation
- Greater self-confidence
- Fellowship and camaraderie
- Opportunities to serve the community



Contact Veteran Program Manager, Joan Cutler, at veterans@equest.org or visit www.equest.org/veterans to learn more.



At Equest, our mission is to enhance the quality of life for children and adults with diverse needs by partnering with horses to bring hope and healing through equine assisted activities and therapies.

Equest is a 501(c)(3) nonprofit founded in 1981. Learn more at equest.org



Equine Facilitated Counseling is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families. For more information, visit www.TVC.Texas.gov



Thank you to Santander Consumer USA for supporting Hooves for Heroes.