

What People Are Saying...

"This experience has proven to be immensely beneficial for our team. The expert facilitation provided us with invaluable feedback that we will incorporate into our company culture. Without a doubt, we will be returning for more in the future!"

*Greg Hext,
Hext Financial Group*

Our Vision

At Equest, we envision a world where everyone, regardless of their abilities can experience the profound benefits of therapeutic horsemanship and equine-assisted activities, further leading to positive and long-lasting changes in their lives.

For More Information:

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Professional Association of Therapeutic
Horsemanship International



TEAM UP WITH EQUEST

Equest has developed an innovative and unique approach to corporate team building, which harnesses the power of the horse. This program offers a transformative experience that goes beyond traditional team building exercises by incorporating equine-assisted learning, with the added benefit of therapy.

Horses have long been revered for their strength, grace, and intuitive nature. They possess an uncanny ability to mirror human emotions and respond to non-verbal cues. This makes them ideal partners in the realm of team building, as they provide immediate and honest feedback to participants. By engaging in experiential learning with our horses, hierarchical barriers are dissolved, further enabling your team to gain valuable feedback in the arena.

PROGRAM OBJECTIVES:

- Nonverbal Communication
- Direct Communication
- Self-Awareness
- Trust and Self-Confidence
- Inclusion & Cohesiveness

ABOUT THE PROGRAM

This exclusive team building experience at Equest, located in the picturesque Texas Horse Park in Southern Dallas, is meticulously crafted to align with your company's specific goals. Delivered entirely on the ground in our covered arena, this interactive session with horses is expertly designed to cater to the unique dynamics and aspirations of your evolving team culture. Led by our team of qualified professionals, this transformative experience will empower your group through a series of engaging activities, which in turn will leave a lasting impact on your team's cohesion and productivity.

- Half day program at Equest for up to 16 participants - \$2,499
- Full day program at Equest for up to 25 participants - \$4,999